

He Ngohe Aromatawai ā-Roto Mō ngā mahi whakamahere anake

Te Ingoa o te Ngohe: Ko ahau tēnei!

Aronga: Hauora 1.1C

Paerewa Paetae: Hauora 1.1

Kaupae: 1

Whiwhinga: 6

He Tohutohu mā te Ākonga

I tēnei ngohe

I tēnei ngohe, ka whakamārama koe i ngā āhuatanga e tohua ai te tuakiri whaiaro o te tangata.

Te horopaki

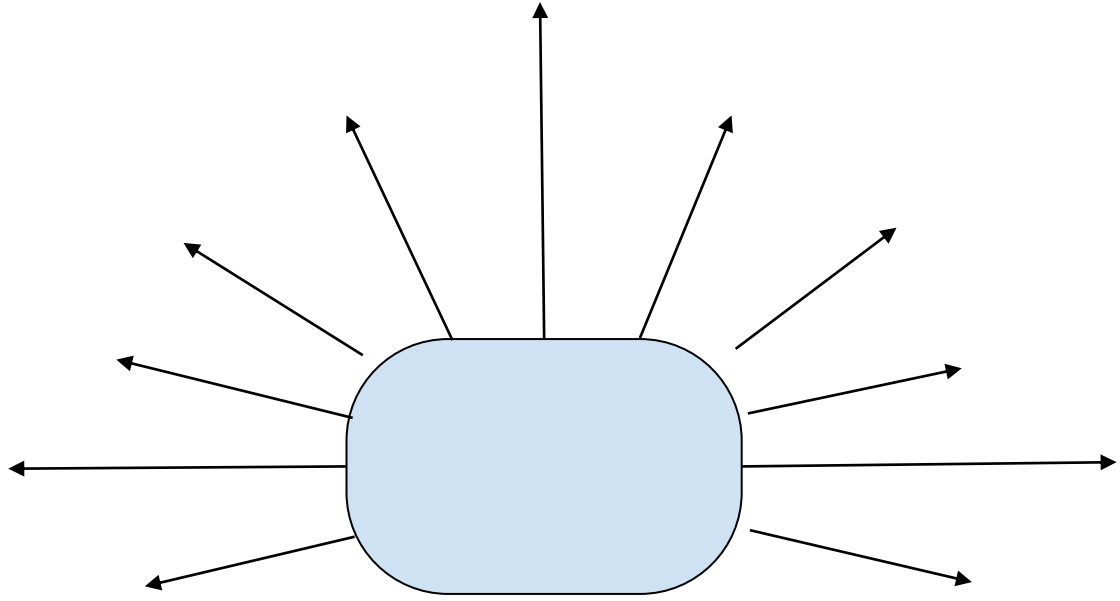
I tēnei ngohe, ka whakamārama koe i ngā āhuatanga e tohua ai te tuakiri whaiaro o te tangata. Waihoki, ka āta whakaaro koe mō te hononga o te tuakiritanga ki te oranga.

Hei mahi

Tūmahi 1: He Tūtohi Tuakiri

1. Whakaarohia te pātai “Ko wai ahau?” Tuhia kia 8 - 12 ngā whakaaro ka puta ake ki te hinengaro. Tuhia ngā whakaaro ki tētahi pukapuka pitopito kōrero.
2. Whakamahia ngā kōrero i whakaarohia hei waihanga i tētahi tūtohi tuakiri whaiaro. Tuhia ki tētahi whārangi hou, whārangi kotahi i tō pukapuka pitopito kōrero. Tirohia ngā taura:

He ngohe aromatawai ā-roto XXXXXX v1 mō te Paerewa Paetae XXXX
TĀ TE ĀKONGA WHĀRANGI



Hei Taura:



Tūmahi 2: Ngā Kiriata

3. Mā tō kaiako koutou ko ō hoa ākongā e whakarōpū kia noho takitoru, takiwhā koutou.
4. Ka mātakitaki koutou i ētahi kiriata, ko te tuakiritanga te kaupapa nui.
5. Mutu ana te mātakitaki i tēnā kiriata, i tēnā kiriata, ka matapaki koutou i te āhua o te kiriata, ka tahi. Ka rua, ka whakaputa whakaaro huritao mō ngā āhuatanga tuakiri i kite nei koutou i te kiriata.
6. Whai muri mai i te kōrero tahi a te rōpū, tuhia ō whakaaro ki ēnei pātai:
 - *Kua tino mau ki te hinengaro ētahi wāhanga o te kiriata ki a koe? He aha, ki a koe, i mau ai ki te hinengaro aua wāhanga?*
 - *I a koe e mātakitaki ana i te kiriata, he āhuatanga ohore i puta? He āhuatanga rānei kua wero i tāu e mōhio ana?*
 - *Ki ō whakaaro, he aha ētahi āhuatanga i kitea i te kiriata i pā ki te tuakiri o te/ngā kiripuaki? Whakamāramahia ōu whakaaro.*
 - *He aha tāu i ako ai i tēnei kiriata? Whakamāramahia ōu whakaaro.*

Tūmahi 3: Te Whakaaro Huritao

7. Āta whakaarohia ngā pātai i raro nei, kia huritao ai koe mō tōu ake tūtohi tuakiri whaiaro. *Ki ōu whakaaro:*
 - a. *Ko ēwhea āhuatanga o tō tuakiri whaiaro nāu tonu i kōwhiri?*
 - b. *Ko ēwhea āhuatanga o tō tuakiri whaiaro nā ētahi atu i whakatau mōu, nā tō taiao rānei i tohu?*
 - c. *Nō wai, nō whea rānei, ngā whakaaro, ngā huatau, ngā pōhēhē i whakaawe nui ai i tōu ake tuakiritanga?*
 - d. *He aha ngā momo uaua/matawaenga ka puta i te tirohanga kē a ētahi atu ki a koe, e rerekē ana i tāu ake tirohanga ki a koe anō?*
 - e. *Ko ēwhea āhuatanga o tō tuakiri whaiaro kua hunaia e koe kia rata mai ai, kia pai mai ai ētahi atu ki a koe? Whakamāramahia ōu whakaaro.*
 - f. *Ko ēwhea āhuatanga o tō tuakiri ka whakarerekēhia kia rata mai ai, kia pai mai ai ētahi atu ki a koe? Whakamāramahia ōu whakaaro.*
8. *Ki ō whakaaro, he pēwhea te pānga mai o te tuakiri whaiaro ki te oranga, ki te mauri ora o te tangata? Tuhia tētahi kōwae e 4-5 rerenga kōrero te roa hei āta whakamārama i ō whakaaro.*

He rauemi (mā te kaiako)

Mā te kaiako e kōwhiri kia 4 ngā kiriata poto. Kia taea ai e te ākonga ngā whakaaro huritao te whakamārama, kua e whakaatu atu i ngā kiriata katoa i te rangi kotahi. Whakaritea kia rua, kia whā rānei ngā wā ako hei whakaatu whakaatu i ngā kiriata. Waihoki, kia nui te wā ki te ākonga ki te whakaputa i ōna whakaaro.

Ngā Kiriata mō te Tūmahi 2 (he tauria noa)

Tūrangawaewae

<https://www.nzonscreen.com/title/turangawaewae-a-place-to-stand-2012>

Belonging

<https://www.youtube.com/watch?v=ZgT-GQvwZ9k>

Loved: Struggling With Identity - Stephen's story - LIFE TV - Real Life Stories

<https://www.youtube.com/watch?v=nZYIXmc9oNU>

Never Alone: Jesus Has Always Been There - Taylor's story - LIFE TV - Real Life Stories

https://www.youtube.com/watch?v=4ANp_7newUs

“Float” Full SparkShort | Pixar

https://www.youtube.com/watch?v=1HAGuju_yKY

Kuputaka

tuakiri whaiaro	personal identity
tuakiritanga	identity
tūtohi	table/chart
pukapuka pitopito kōrero	notebook
kiriata	film, movie
kiripuaki	character, actor/actress
whakaaro huritao	reflective thinking
āhuatanga	characteristics
huatau	concept
pōhēhē	assumptions
uaua/matawaenga	dilemma
whakaawe nui	influenced, impacted
rauemi	resource