



Te Taunaki i te Aromatawai 1.2A

Paerewa Paetae 1.2 Te tautohu whāinga whaiaro hei hāpai i te mauri ora

	Paetae	Kaiaka	Kairangi
Paearu Paetae	<p>Ka tautohu i tētahi whāinga whaiaro.</p> <p>Ka whakarite i tētahi mahere mā te rangahau.</p> <p>Ka whakaputa whakaaro mō te tukanga i whāia me ngā hua ka puta.</p>	<p>Ka āta whakarite i tētahi mahere mā te rangahau.</p> <p>Ka whai whakaaro huritao mō te tukanga i whāia me ngā hua ka puta.</p>	<p>Ka arotake i te whaihua o te mahere.</p> <p>Ka taunaki i ngā whakaaro huritao mō te tukanga i whāia me ngā hua ka puta.</p>
Taunakitanga	<p>Kua whai te ākonga ki te whakapakari i tana hauora mā tētahi koiri tinana e werohia ana tana taha tinana, taha hinengaro, taha whānau hoki. Kua:</p> <ul style="list-style-type: none"> waihanga ia i tētahi mahere whāinga whaiaro SMART whakatutuki i te mahere i te 3 wiki neke atu rānei whakapuaki i ētahi taunakitanga e whakaatu ana i tana whakatutuki i te mahere huritao i tana whakatutuki i te mahere. <p>Hei tauira:</p> <ul style="list-style-type: none"> → Kua whakamārama ia i te whāinga whaiaro. → Kua waihanga mahere. 	<p>Kua whai te ākonga ki te āta whakapakari i tana hauora mā tētahi koiri tinana e werohia ana tana taha tinana, taha hinengaro, taha whānau hoki. Kua:</p> <ul style="list-style-type: none"> waihanga ia i tētahi mahere e mārama ana te whai haere, ā, e whakaatu ana i ngā mahi e hāngai ana ki te whāinga hauora whakapuaki taunakitanga e whakaatu ana i tana whakatutuki i te mahere arotake i tana whakatutuki haere i te mahere. <p>Hei tauira:</p> <ul style="list-style-type: none"> → Kua whakamārama ia i te whāinga whaiaro. → Kua āta waihanga mahere e whakaatu ana i ngā mahi 	<p>Kua hōhonu te ruku a te ākonga ki ngā koiri tinana hei painga mō tana hauora me tana taha tinana, taha hinengaro, taha whānau hoki. Kua:</p> <ul style="list-style-type: none"> waihanga ia i tētahi mahere e mārama ana te whai haere, ā, e whakaatu ana i ngā mahi e hāngai ana ki te whāinga hauora whakapuaki taunakitanga e kaha whakaatu ana i tana whakatutuki i te mahere tātari arohaehae i tana whakatutuki i te mahere <p>Hei tauira:</p> <ul style="list-style-type: none"> → Kua āta waihanga ia i tētahi mahere e mārama ana te whai haere, ā, e whakaatu ana i ngā mahi e hāngai ana ki te whāinga. → Kua tautohu i ngā ārai, ā, ka whai



	<ul style="list-style-type: none"> → Kua whakamārama i ētahi ārai. → Kua whakamārama i ētahi rauemi. → Kua taunaki i tana whakatutuki i te mahere. → Kua huritao i tana whakatutuki i te mahere. 	<p>matua hei whakatutuki, ā, kua āta whakaraupapatia ngā whakaaro.</p> <ul style="list-style-type: none"> → Kua whakamārama i ētahi ārai. → Kua whakamārama i ētahi rauemi. → Kua taunaki i tana whakatutuki i te mahere. → Kua arotake i tana whakatutuki i te mahere. 	<p>rautaki hei turaki atu i ngā ārai.</p> <ul style="list-style-type: none"> → Kua whakauru i ngā rautaki whakamahi huarahi ahu whakamua kia tutuki pai ai te whāinga. → Kua tohua ki te mahere ngā rauemi me whai kia tutuki pai ai te whāinga. → Kua whakaritea he wā motuhake ki te mahere e tutuki ai ngā pae tata. → Arā noa atu ngā taunakitanga e āta whakaahua ana i te whakatutukinga o ia wāhanga o te mahere. Kua whaakatu te ākongā i tana mōhio ki te panoni i te mahere (te whāinga, ngā mahi, ngā pae tata, te rapu huarahi ahu whakamua hou) kia pai ai te whakatutuki i te whāinga. → Kua tātari arohaehae i te whakatutukinga o te mahere.
<p>Tauira taunakitanga/ ngā kōrero a ngā kaiarotake, he tauira</p>	<p><i>Taihoa tētahi tauira o ētahi taunakitanga mō te eke paetae.</i></p>	<p><i>Taihoa tētahi tauira o ētahi taunakitanga mō te eke kaiaka.</i></p>	<p><i>Taihoa tētahi tauira o ētahi taunakitanga mō te eke kairangi.</i></p>



Ngā kōrero mō ngā taunakitanga			
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Te whakatau				
Te taumata whānui kua ekea:	Kāore i eke	Paetae	Kaiaka	Kairangi

Ka whakatauhia te whiwhinga i runga anō i tētahi tirohanga whānui, whāroa ki ngā taunakitanga kua tāpaetia, ā, me te kaha tutuki o ngā paearu mō tēnei paerewa paetae.

Mō te aromatawai kāore i eke, e tika ana kia tukuruatia ngā mahi:

Āe

Kāo