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He Kōrero Whānui

He Whakamārama

He iho, he mana, he ihi, he wehi, he tapu tō te tangata.

- *Kia tau te mauri*

I runga i tēnei whakaaro whānui, ka arohia te mana, te rongomaiwhiti, te motuhaketanga o ia tangata. Ka kitea hoki te pānga o te ao katoa o te tangata ki tōna anō mauri.

Ngā hua

Ka mōhio te ākongā:

- he tapu tō te tangata; ahakoa ko wai, nō hea, me tiaki a ia
- he mea nui te kiritau o te tangata me te whakapono ki a ia anō
- kia pēhea te whakapuaki i ōna hiahia, i ōna whakaaro, i ōna kare ā-roto i runga i te ngākau titikaha
- he pānga nui tō te tuakiritanga ki te oranga o te tangata.

Ngā kaupapa

- Te tapu o te tangata
- Te kiritau me te whakapono ki a ia anō
- Te whakapuaki hiahia, whakaaro, kare ā-roto i runga i te ngākau titikaha
- Te tuakiritanga

TAUMATA 6: *Tautohu, whakaahua, whakamārama, whakaatu, tūhura*

● Te tapu o te tangata
● Te kiritau me te pono ki a ia anō
● Te whakapuaki hiahia, whakaaro, kare ā-roto i runga i te ngākau titikaha
● Te tuakiritanga

Te tapu o te tangata

Ka tūhuratia:

- te tapu o te tinana me ngā tikanga e pā ana ki te tapu o te tinana
 - He tapu te tinana, ka tika me tiaki - kei te tangata tonu te tikanga.
- te hono ki te whakapapa, ki te mana o te tangata me tōna whānau, hapū, iwi
 - He kāwai whakapapa tō te tangata, he uri whakaheke ia, he kanohi nō ōna tūpuna, nā reira he mea nui te kawē tōtika i a ia anō i roto i ngā mahi, i ngā whakahaerenga, i ngā āhuatanga huhua.

He kaupapa ako:

1. Tiakina te tinana!
 - Ka **tautohu** i ngā āhuatanga matua o te tiaki tinana - te kai, te whakatā, te mahi ngahau, te moe, te aha atu.
 - Ka **whakaahua** i ngā momo tikanga (o mua, o nāiane hoki) e hāngai ana ki te tiaki tinana.
 - Ka **whakamārama** i te pānga mai o te oranga tinana ki te oranga whānui o te tangata.
 - Ka **whakaatu** rautaki whaihua ki te tiaki i tōna tinana.
 - Ka **tūhura** i ngā āhuatanga e pāpā mai ana ki te oranga tinana o te tangata.
2. He whai i ngā tapuwae o ōku tūpuna
 - Ka **tautohu** i ētahi āhuatanga motuhake, āhuatanga rongomaiwhiti o tōna iwi, tērā pea he rongonui tōna iwi ki ēnei āhuatanga.
 - Ka **whakaahua** i takea mai ēnei āhuatanga motuhake i hea, i a wai rānei.
 - Ka **whakamārama** he aha i nui ai ēnei āhuatanga motuhake ki te iwi.
 - Ka **whakaatu** i te māramatanga ki ētahi āhuatanga o te tuakiri ā-iwi.
 - Ka **tūhura** i tēnei mea te tuku ihotanga me te pānga ki te tuakiritanga o te tangata.

TAUMATA 6: *Tautohu, whakaahua, whakamārama, whakaatu, tūhura*

<ul style="list-style-type: none">• Te tapu o te tangata
<ul style="list-style-type: none">• Te kiritau me te whakapono ki a ia anō
<ul style="list-style-type: none">• Te whakapuaki hiahia, whakaaro, kare ā-roto i runga i te ngākau titikaha
<ul style="list-style-type: none">• Te tuakiritanga

Te kiritau me te whakapono ki a ia anō

Ka tūhuratia:

- tō te tangata whakaaro mōna tonu hei tangata whai mana, whai uara, ahakoa te karawhiu o te ao ki a ia i ētahi wā, ahakoa ōna ngoikore, ōna hapa, ōna tōrōkiri. Kei te rata tonu ia ki a ia tonu.
- tō te tangata whakapono ki a ia tonu, tōna whakapono ka angitu ia, ka whakatutuki i tāna e whai ai
- te manawanui, te ngana ahakoa pea te nui o te mahi, te hou rānei o te horopaki, te matakū, ahakoa hinga mai rānei. Ā, ki te hinga, ka tū anō, ka ngana anō.
- te manawaroa / aumangea (resilience)
- te pānga mai o tō te tangata whakapono ki a ia tonu hei aukati i ngā whakaaro whakatakē, e pai ai tana titiro me ōna whakaaro ki a ia anō.

He kaupapa ako

1. Moana! Ka mātakitaki i ngā kiriata aro nui ki te kiritau me te whakapono ki a koe anō, pēnei i a *Moana*:
 - Ka **tautohu** i ngā kaupapa kua tūhuratia i te kiriata, hei tauira, te manawanui, te manawaroa, te ngākaurua (self-doubt), te whakapono ki a koe anō.
 - Ka **whakaahua** i ngā kāpeka (scenes) e whakaatu ana i ngā kaupapa kua tūhuratia.
 - Ka **whakaahua** i ngā rautaki i hāpaitia e te tuahangata kia ū tonu ai ia ki tāna i whai ai, me te **whakamārama** i te whai kiko o aua rautaki, ki ō te ākongā whakaaro.

TAUMATA 6: *Tautohu, whakaahua, whakamārama, whakaatu, tūhura*

● Te tapu o te tangata
● Te kiritau me te pono ki a ia anō
● Te whakapuaki hiahia, whakaaro, kare ā-roto i runga i te ngākau titikaha
● Te tuakiritanga

Te whakapuaki hiahia, whakaaro, kare ā-roto i runga i te ngākau titikaha

Ka tūhuratia:

- te kiritau o te tangata, te tuakiri o te tangata
- te mōhio pai o te tangata ki a ia anō
- te mataku, te whakamā
- te tū kaha / te whakanonoi (assertiveness)
- te mārama ki ngā tikanga whakawhitiwhiti me ētahi atu

He kaupapa ako

1. He kohinga whakaari - ka kōhi, ka whakakōpaki te ākonga i ētahi whakaari/kāpeka e whakaatu ana, e whakatauirā ana i te pai, i te kaha rānei o te tangata ki te whakapuaki i ōna hiahia, whakaaro, kare ā-roto i runga i te ngākau titikaha. Whai muri i tēnei:
 - Ka **whakamārama** i ngā take i kōwhiri ai ia i ērā whakaari/kāpeka hei tino tauira.
 - Ka **tautohu**, ka **whakamārama** hoki i ngā āhuatanga e tohu ana i te ngākau titikaha o te tangata.
2. Ko te ngākau titikaha - i roto i ngā horopaki o te wā, ka whakarite te kaiako i ētahi mahi/ngohe/kaupapa/horopaki e taea ai e te ākonga ōna hiahia, whakaaro, kare ā-roto te whakapuaki i runga i te ngākau titikaha. Hei tauira:
 - he taukumekume
 - he kāhui ākonga – kia whai wāhi te ākonga ki ngā whiriwhiringa a te kāhui ākonga
 - ngā matapaki i te akomanga mō te kaupapa ako o te wā
 - te mahi takirōpū, mahi ngātahi me ētahi atu
 - te tuku mihi (i ngā horopaki rerekē).

TAUMATA 6: *Tautohu, whakaahua, whakamārama, whakaatu, tūhura*

● Te tapu o te tangata
● Te kiritau me te pono ki a ia anō
● Te whakapuaki hiahia, whakaaro, kare ā-roto i runga i te ngākau titikaha
● Te tuakiritanga

Te tuakiritanga

Ka tūhuratia:

Ngā momo tuakiri:

- te tuakiri whaiaro (personal identity) – hei tauira: *he tangata pukumahi, he tangata hūmārie hoki*
- te tuakiri ā-iwi (ethnic identity) – hei tauira: *he Tūhoe ahau, he uri nō te waka o Mataatua*
- te tuakiri ā-motu (national identity) – hei tauira: *he 'kiwi' ahau*
- te tuakiri ahurea (cultural identity) – hei tauira:
 - te taha wairua/whakaponu (faith-based identity) - *he Katorika ahau, he Baha'i ia*
 - te taipakeke (age-based identity) – *he kuia ia, he tamaiti ia*
 - te tuakiri ā-ira (gender identity) – *he wahine ahau, he tāne ahau*
 - ā-hapori, ā-whānau (community identity, whānau identity) - *he 'Westie' ahau, he raukura ia nō te kura o Hoani Waititi.*

He pānga nui tō te tuakiri ki te **kiritau** o te tangata. Mēnā kua rata, kua pai te tangata ki a ia tonu - tōna āhua, ōna pūmanawa, ōna pūkenga, tōna rongomaiwhiti, tērā tonu ka pakari, ka pai te kiritau o te tangata. Mā tēnā e pakari ai tana tū me tana kawē i a ia anō i te ao.

He kaupapa ako

1. Ko wai rā ahau? Hoatu ngā kāri 6-8 ki ia ākonga. Mā ia ākonga e **tautohu** ngā kupu, ngā uara, e tino hāngai ana ki tōna ake tuakiritanga. Hei tauira:
 - tōna tuakiri ā-iwi, ahurea rānei - *he Ngāti Porou ahau*
 - tōna tūrangā i te whānau - *ko ahau te pōtiki*
 - tōna whakaponu - *he Ringatū ahau*
 - ōna āhuatanga motuhake - *he haututū ahau, he 'nerd' ahau, he tangata poto rawa ahau*
 - āna mahi ngahau, hākinakina - *he kaitito waiata ahau, he tangata omaoma ahau*
 - tōna hauora ake - *he huangō ahau, he hauā ahau.*

Ka tuhia tētahi kupu/kīanga kotahi ki ia kāri. Whakamahia tētahi rautaki kia taea ai e ngā ākonga te kōrero tētahi ki tētahi. Hei tauira: *Takaāmio, Tounati Kōrerorero, Rārangi Pōkai*. Ka whakapuaki ia ākonga i āna kupu/kīanga, ā, ka **whakamārama** he aha i **tautohua** ai aua kupu/kīanga hei tohu i tōna tuakiritanga. Kia pau te 5-7 meneti, ka tīhaehaetia tētahi o ngā kāri. Ko te tikanga, kua whakatauhia e te ākonga, ahakoa he āhuatanga nui tērā o tōna tuakiritanga, kāore pea i hirahira rawa atu.

Ka whai hoa kōrero hou, ā, ka **whakamārama** atu he aha i tīhaehaetia ai taua kāri. Ka haere tonu ngā kōrerorero tae noa ki te wā kotahi anahe te kāri e toe ana. I te mutunga iho, kua **tautohua** e te ākonga te āhuetanga nui katoa ki a ia e hāngai ana ki tōna tuakiritanga.

2. He whakatau/role-play - Mā te kaiako e kōwhiri:
 - a. ngā momo 'tāngata' hei kiripuaki - *he ākonga takatāpui, he kaiako, he kuia, he mātua, he pirihiimana*
 - b. ngā kaupapa kōrero - *kua panaia tētahi ākonga i te kura, he whakataetae kapa haka, whakataetae hākinakina, he tangihanga, he mārena, kua whānakohia tētahi waea pūkoro nui te utu, he hauata waka.*

Ko tā te ākonga, he kōwhiri i tētahi kiripuaki, ā, ka kōrerohia te kaupapa i runga anō i te tirohanga a taua kiripuaki. Ka whakaatu i tōna mōhio ki ngā āhuetanga tuakiri o taua kiripuaki mā roto mai i ana kōrero me ana mahi i te roanga o te whakaari. Kia mutu te whakaari, ka **whakamārama** te ākonga i te pānga mai o te kaupapa ki te tuakiritanga o te kiripuaki i kōwhiri ai ia.

Ko tā te rōpū mātakitaki, he **tautohu** i te kiripuaki kua whakaarohia, ā, ka **whakamārama** he aha ngā āhuetanga i kite ai rātou e tino tohu ana i te tuakiritanga o te kiritaki.

Kuputaka

Tiaki tinana – physical care

Tōrōkiri – flawed, imperfect

Aumangea / manawaroa – resilient, resilience

Whakakōpaki – collate as a portfolio

Takaāmio – Round Robin

Rārangi Pōkai – Folded Line

Tounati Kōrerorero – Talking Doughnut

Mauri tū, mauri ora; mauri noho, mauri mate

- *Kia oho te mauri*

I runga i tēnei whakaaro whānui, ka arohia te hiranga o te mauri i roto i te koiora me te oranga. Me manawa piharau te tangata i te roanga o ōna rā e pūmau ai tōna āio, tōna mauri ora. Nā reira, *kia oho te mauri*, koia te āhuetanga kei te kōpakihia e tēnei whakaaro whānui.

Ngā hua

Ka mōhio te ākongā:

- he pānga nui tō te whai wāhi ki ngā mahi koiri me ngā akoranga koiri ki te oranga o te tangata
- ka riro māna anō tōna hauora e tiaki, e whakataki
- e pai ai tana noho ora i ngā horopaki huhua, me whakamahi tikanga hei whakatau kaupapa, whakarite whāinga, kōkiri whakaaro, whiriwhiri ngātahi anō hoki.

Ngā kaupapa

- Te kōkiri i te koiri
- Te kōwhiri, te whakamahi i ngā akoranga koiri huhua
- Mauri tū, mauri ora, mauri moe, mauri mate - ngā akoranga tū-ā-nuku, ngā mātauranga ā-wheako, ngā mahi tū-ā-nuku, ngā mahi mātātoa.

TAUMATA 6: *Tautohu, whakaahua, whakamārama, whakaatu, tūhura*

<ul style="list-style-type: none">• Ka mōhio te ākongā he pānga nui tō te whai wāhi ki ngā mahi koiri me ngā akoranga koiri ki te oranga o te tangata. <p><i>Te kōkiri i te koiri</i> <i>Te kōwhiri, te whakamahi i ngā akoranga koiri huhua</i></p>
<ul style="list-style-type: none">• Ka riro māna anō tōna hauora e tiaki, e whakataki. <p><i>Mauri tū, mauri ora, mauri moe, mauri mate - ngā akoranga tū-ā-nuku, ngā mātauranga ā-wheako, ngā mahi tū-ā-nuku, ngā mahi mātātoa</i></p>
<ul style="list-style-type: none">• Ka mōhio te ākongā, e pai ai tana noho ora i ngā horopaki huhua, me whakamahi tikanga hei whakatau kaupapa, whakarite whāinga, kōkiri whakaaro, whiriwhiri ngātahi anō hoki.

Ngā Hua Ako

Ka whai wāhi ki ngā mahi koiri me ngā akoranga koiri i runga anō i te hiahia

- Ka whai wāhi ki ngā momo mahi koiri me ngā akoranga koiri uaua e pārekareka ana ki a ia.
- Ka tūhura i ngā āhuetanga ka kumekume haere i ā rātou kōwhiringa mahi koiri.
- Ka whakawhanake i ngā pūkenga me ngā waiaro tōtika i ngā horopaki mātātaki.
- Ka tūhura i ngā mahi koiri kē atu kei tōna hapori hei hiki i te oranga o te tangata Māori.
- Ka whakamahi i ngā hangarau tōtika hei whakaatu, hei whakapakari i ōna āheinga koiri me ōna mōhiotanga e pā ana ki te hauora.
- Ka tātari i ngā āhuetanga pāpori e kumekume haere ana i ngā whakaaro o tēnā, o tēnā hapori e pā ana ki ngā mahi koiri.
- Ka rangahau i ngā hononga o te taiao ki te oranga tangata.

Ka mōhio te ākongā ka riro māna anō tōna hauora e tiaki, e whakataki

- Ka tūhura i ngā āhuetanga huhua o te hauora, o te mauri tū me te mauri ora.
- Ka tūhura, ka whakamārama i ngā pānga mai o ngā āhuetanga hauora, mauri rānei, ki a ia anō.
- Ka whakamahi rautaki me ngā tukanga huhua hei whakatau i ngā mātātaki i mua i tōna aroaro.
- Ka aro atu ki ngā mahi pāhekoheko.
- Ka tautohu, ka uiui, ka whakamātau i ngā tukanga, i ngā pūkenga tiaki hauora hei painga mōna.
- Ka aromatawai i ngā rautaki haumaruru hei tiaki i tōna oranga.

Ka mōhio te ākongā, e pai ai tana noho ora i ngā horopaki huhua, me whakamahi tikanga hei whakatau kaupapa, whakarite whāinga, kōkiri whakaaro, whiriwhiri ngātahi anō hoki.

- Ka tūhura i te āhua o te whakawhitiwhiti, o te whiriwhiri tahi ki ētahi atu.
- Ka whakamahi pūkenga whiriwhiri, whakatau tautohe, kia puta ai he whakatau pai, he whakatau rānei e whakaaetia ana e te nuinga.
- Ka whakamahi i ngā pūkenga o te kaihautū.
- Ka whakatakoto i ngā whāinga ka taea te whakatinana, tae atu ki te arotake me te whakatutuki i aua whāinga.

Kuputaka

Te kōkiri i te koiri - championing movement
mahī mātātoa - adventure activities
akoranga tū-ā-nuku - outdoor education
mahī tū-ā-nuku - outdoor activity

Hāhā te whenua, hāhā te tangata

- *Kia ora te mauri whenua*

I runga i tēnei whakaaro whānui ka tirohia te hononga māori i waenganui i te tangata me te taiao, me ngā pānga, ngā whakaawenga hoki o tētahi o rāua ki te mauri me te oranga tonutanga o tērā atu. Oranga taiao, oranga tangata. Nā reira, kia ora te mauri whenua, koia te āhuatanga kei te kōpakihia e tēnei whakaaro whānui.

Ngā hua

Ka mōhio te ākongā:

- kei te oranga taiao te oranga mō te tangata
- ko te kaitiakitanga e pā ana ki te taiao, e whai pānga ana anō ki te oranga tangata.

Ngā kaupapa

- Te oranga
- Te kaitiakitanga.

TAUMATA 6: *Tautohu, whakaahua, whakamārama, whakaatu, tūhura*

- | |
|--|
| <ul style="list-style-type: none">• Te oranga |
| <ul style="list-style-type: none">• Te kaitiakitanga |

Te Oranga

Ka tūhuratia:

- te oranga taiao me te oranga tangata
- te hononga o te oranga taiao ki te oranga tangata

Ka mōhio te ākonga:

- ki te whakamārama i te oranga
- ki ngā tauritenga me ngā rerekētanga o te oranga atua me te oranga tangata ki tōna anō taiao.
- ki te hononga o te oranga taiao me te oranga tangata.

He kaupapa ako:

1. Nā Rangi tāua, nā Tūānuku tāua
 - Ka **tautohu** i ngā pūāhuratanga o ngā atua Māori
 - Ka **whakaahua** i te taiao o ngā atua me ngā pānga ki te oranga (hinengaro, wairua, tinana, whānau) o ngā atua.
 - Ka **whakamārama** i ngā tauritenga, i ngā rerekētanga rānei o te taiao o nehe (i te wā o ngā atua) i tō tātou taiao o nāianeī.
 - Ka **whakaatu** māramatanga ki te hononga o te taiao ki te ira tangata.
 - Ka **tūhura** i tētahi rautaki whakarauora i te taiao me ōna pānga ki te oranga o te tangata.

Horopaki 1: “Nā Rangi tāua, nā Tūānuku tāua”

Ka mārama te ākonga ki te nui whakahirahira o te tiaki i tōna taiao

- ngā hononga whakapapa o ngā atua ki te ira tangata
- ngā hononga o ngā atua ki te taiao

Tūhura - Kia hoki ngā mahara ki te piringa me te wehenga o Rangi rāua ko Papa

- te pakanga a Tāwhirimātea ki ōna tēina/tuākana
- Hineahuone
- Hinetītama
- Hinenuitepō

Tautohu - Tautohua ngā atua Māori me ngā rahinga o tēna, o tēnā

- ngā atua e rongonui ana ki tō iwi

Whakaahua - Whakaahuatia te taiao o tētahi atua

Horopaki 2: “Hāhā te whenua, hāhā te tangata”

“Patua ana te moana, hinga ana te whenua, patua te whenua, hinga ana te moana”

- ngā pānga o te tangata ki te taiao

Tūhura - Tūhuratia te pānga atu o ngā mahi a te tāngata ki tētahi taiao

- ngā kirihau i ngā moana
- te 1080
- te wai māori/ te hurihanga wai
- te hurihanga waro
- te āhuarangi hurihuri

Tautohu - Tautohua te hurihanga wai

Whakaahua - Whakaahuatia tō mārama ki te hurihanga wai

- te whakaetotanga o te wai
- te whakatōtātanga o te wai

Kaitiaki - Whakamāramatia mai ētahi mahi hei tiaki i te wai.

TAUMATA 6: *Tautohu, whakaahua, whakamārama, whakaatu, tūhura*

<ul style="list-style-type: none">• Te oranga
<ul style="list-style-type: none">• Te kaitiakitanga

Te kaitiakitanga

Ka tūhuratia:

- ngā tūāhuatanga o te kaitiaki ki ngā horopaki/taiao huhua noa
 - He mana, he mauri tō te taiao, tiakina!
- ngā hirahiratanga me ngā taumahatanga o te noho hei kaitiaki
 - He kaitiaki tātou katoa - mā pango, mā mā e oti ai te mahi!

Ka mōhio te ākongā:

- ki te whakamārama i te mahi a te kaitiaki
- ki te whakamārama i ngā momo kaitiaki rerekē
- ngā hua me ngā kino o te kaitiakitanga

He kaupapa ako:

1. Taonga tuku iho
 - Ka **tautohu** i ngā āhuatanga o te kaitiaki ki ētahi horopaki rerekē.
 - Ka **whakaahua** i ngā piki me ngā heke o te mahi kaitiaki.
 - Ka **whakamārama** i ngā pānga o ngā mahi kaitiakitanga ki te oranga o te tangata.
 - Ka **whakaatu** i tētahi rautaki tiaki taiao hei painga mō te hapori.
 - Ka **tūhura** i tētahi kaupapa kaitiakitanga ki tōna taiao.

Horopaki 3: “Toitū te whenua, whatungarongaro te tangata”

- te toitūtanga
- te whāoomotanga
- te mahi hangarua
- Ngā hangarau - te pūngao kōmaru
- Te oranga tangata

Tūhura - Tūhuratia ētahi āhuatanga kua kitea kē hei whakapaipai i te noho ki te mata o te whenua.

Tautohu - Tautohua tētahi momo hangarau e whakaora ana i tētahi Atua.

- Papatūānuku
- Tangaroa
- Rongomatāne
- Haumietiketike

Whakaahua - Whakaahuatia tētahi pūnaha whakarauora i te taiao.

- ngā pāmu hau
- ngā waka hoki kōmaru
- Hangarua

Horopaki anō:

- ngā kararehe korehāhā
- ngā rangi tūhāhā ki Rarohenga
- te rangiātea
- te kōpu o Papatūānuku

He mahi (hei tauira)

Ka whakaatu te ākonga i tana mārama ki te kaitiakitanga ki te horopaki o te taiao, o te ira tangata rānei.

Hei tauira:

- te tūhura i ngā tikanga whakarauora i ngā awa, ngā moana, ngā ngahere, ngā maunga, ngā kōawa, ngā whare, ngā ākomanga, ngā marae, ngā kapa haka, ngā kapa hākinakina hoki.

He tuhi īmēra ki te rangatira (ōna mātua/kaiako/tumuaki/kaunihera/hapū/iwi) e pā ana ki tētahi take taiao, ka whakamārama atu i ētahi rautaki e rua/toru hei whakatika i tērā take.

te whakarauoratanga = tikanga, te whakapakari i te hononga whanaungatanga i waenganui i te tangata me ngā hapori.

- te mātai i te maramataka Māori
he kōpaki, he Vlog, he whakaari

Ka mātai i ētahi wāhanga e toru o te maramataka, ā, ka whakaatu mārama ki ngā pānga o ia wāhanga ki te hapori.

Hapori (whānau, akomanga, kapa haka/hākinakina)

Pūhurutanga
Māra Kai
Te Moana
Te Ngahere
Ngā tupu
Ngā whetū, Ngā ao
Te Huarere

Ngā atua Māori - Mai i te pōuriuri ki te ao marama. Ki te whei ao!

- He aha ngā akoranga i puta i te wehenga a Ranginui rāua ko Papatūānuku?
- He aha ngā pānga ki te whare tapawhā o te ira atua?
- He hononga tā ēnei akoranga ki te ira tāngata?
- Ngā mahi kaitiaki a ia atua
- He mahi kaitiaki tā Tāne whakawehe i ōna mātua?
- Te Whenua

- Ngā kaitiaki o te reo, o nā mahi toi, o te kura/kainga, ngā mahi parakore, ngā tikanga

Horopaki 1: He uri whakaheke a Mere i tētahi rārangi wahine kua tū ki te marae karanga ai. Ka eke te wā ka riro mā Mere te tūranga kaikaranga ki tōna marae ki Ōmana. Tipu ai a Mere ki te marae ki raro i ngā whakaakoranga a ōna mātua tūpuna heoi e hiahia ana a Mere ki te nuku ki Amerika tākaro poitūkohu ai. He aha ngā pānga o ia kōwhiringa ki tōna whare tapawhā? He aha ngā āhuatanga kaitiaki ka puta i ia kōwhiringa?

He kaupapa tuhituhi, tā rānei.

Ka noho mai	Ka wehe atu
Taha tinana	Taha tinana
Taha wairua	Taha wairua
Taha hinengaro	Taha hinengaro
Taha whānau	Taha whānau

Kia ora te mauri tangata

- *He taura taonga e motu, he taura tangata e kore e motu*

I runga i tēnei whakaaro whānui, ka arohia te wairua, te āhua me te kounga o ō tātou hononga whaiaro me ngā pānga nui o ēnei hononga ki tō tātou mauri. Mā te whakatupu me te whakapūmau i ngā hononga hua pai, hononga hua roa, ka tupu, ka kaha anō te tuakiri o te tangata i tana tū takitahi, i tana tū tangata whenua anō.

Ngā hua

Ka mōhio te ākongā:

- ki te whakamahi rautaki kia pai ai tana mahi ngātahi me ētahi atu
- he tohu o te whakawhanaungatanga te noho tahi a ngā tēina me ngā tuākana i runga i te aroha pūmau.

Ngā kaupapa

- Te mahi ngātahi
- Te whakawhitiwhiti
- Te noho tahi o te whānau
- Te tēina me te tuākana.

TAUMATA 6: *Tautohu, whakaahua, whakamārama, whakaatu, tūhura*

- Ka mōhio te ākonga ki te whakamahi rautaki kia pai ai tana mahi ngātahi me ētahi atu.
- Ka mōhio hoki he tohu o te whakawhanaungatanga te noho tahi a ngā tēina me ngā tuākana i runga i te aroha pūmau.

Horopaki 1

Te mahi ā-rōpū

- Te kapa haka, te kī-o-rahi, te hākinakina, te wāhi mahi.
- Ka tautohu i ngā wā e whakamahia ana ngā tikanga whakatairanga i te whakawhanaungatanga kia tutuki ai te whāinga.

Tautohu	Tautohua ngā waiaro e whakatairanga ana i ngā hononga hua pai me ngā hononga hua kino.
Whakaahua	Whakaahuatia ngā rautaki a ngā kaiārahi me ngā tuākana o te rōpū ki te whakatau puehu.
Whakamārama	Whakamāramatia te hiranga o te mauri tau ki te rōpū.
Whakaatu	Whakaatuhia ngā rautaki whakatau puehu pai ki tētahi whakaaturanga.
Tūhura	Tūhuratia ngā rautaki a ngā kaiārahi ki te whakatairanga i te ora o te rōpū.

Horopaki 2

He rangahau kiriata

- Rangahaua he kiriata e aro ana ki ngā rautaki whakapakari hononga hua pai.

Tautohu	Tautohua ngā waiaro whakapakari hononga hua pai, hononga hua kino hoki i te kiriata.
Whakaahua	Whakaahuatia ngā pānga o ngā waiaro ki te kiriata, ki a koe, ki ngā kiripuaki hoki.
Whakamārama	Whakamāramatia ngā waiaro me ngā whakatau a tētahi o ngā kiripuaki i te karamata o te kiriata. Whakamāramatia ō whakaaro ki ngā take e pērā ana tōna waiaro me āna whakatau.
Whakaatu	Whakaatuhia tō mōhio ki te whakaputa hua pai mā te whiriwhiri me te parahau i tētahi tirohanga ki tētahi kāpeka. Hei taura: ka tohua e te ākonga te whakautu e tika ana i tētahi horopaki whiringa-rau.

Tūhura	Tūhuratia te/ngā horopaki e tautoko ana, e hirahira ana ki ngā whakatau a ētahi kiripuaki.
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Horopaki 3

He pūrākau

- Ka rangahaua tētahi pūrākau e kitea ai te whakamahinga a te kiripuaki i ngā rautaki whakapakari hononga.

Tautohu	Tautohua ngā wero me ngā whakaawe e panonitia ai e tētahi kiripuaki tana waiaro tūhono ki ētahi atu.
Whakaahua	Whakaahuatia tētahi wāhanga motuhake o te kiriata. Kōrerotia ngā pānga ki ngā hua mēnā i rerekē te waiaro o te kiripuaki i taua wāhanga motuhake.
Whakamārama	Whakamāramatia te whakahāngai i ngā uara me ngā waiaro i kitea i te pūrākau, ki tōna anō ao.
Whakaatu	Whakaatuhia tō mōhio ki ngā hua kino o ētahi waiaro.
Tūhura	Tūhuratia ngā pānga i ētahi wā motuhake i te oranga o te kiripuaki ki tana mahi whakatau take.

TAUMATA 6: *Tautohu, whakaahua, whakamārama, whakaatu, tūhura*

- Ka mōhio te ākonga ki te whakamahi rautaki kia pai ai tana mahi ngātahi me ētahi atu.
- Ka mōhio he tohu o te whakawhanaungatanga te noho tahi a ngā tēina me ngā tuākana i runga i te aroha pūmau.

Horopaki 1

Te whānau

- Tūhuratia ngā āhuatanga o te whānau e aro pū ana ki te hononga o te tuakana me te teina. Tautohua ngā āhuatanga motuhake o tēnei momo hononga whānau.

Tautohu	Tautohua ngā āhuatanga o te whanaungatanga e hāngai pū ana ki te whānau.
Whakaahua	Whakaahuatia ngā painga o te hononga mau roa o te tuakana ki te teina.
Whakamārama	Whakamāramatia ngā rerekētanga o ngā hononga ā-whānau i ngā hononga ā-rōpū i tua atu i te whānau.
Whakaatu	Whakaatuhia tō mōhio ki te whakawhanake hononga ā-whānau.
Tūhura	Tūhuratia te hononga mau roa o te tuakana me te teina.

Horopaki 2

Ngā tuatāngata

- Tautohua tō tuatangata, ka tohu ai i ngā āhuatanga e rata ai koe ki a ia. Ka huritao i tō whakatauiria ki ō tēina i roto i te kura

Tautohu	Tautohua tētahi o ōu tuatāngata, ka whakamārama mai ai i te take i noho tuatangata mai ai ki a koe.
Whakaahua	Whakaahuatia ngā āhuatanga o te tangata nei e rata ai koe ki a ia.
Whakamārama	Whakamāramatia te hiranga o ngā tuatāngata.
Whakaatu	Whakaatuhia tō mārama ki ngā pānga pai, pānga kino hoki o ngā tuatāngata ki ētahi atu.
Tūhura	Tūhuratia tō tuatangata, ka whakataurite ai ki a koe.

Horopaki 3 He pūrākau

- Hei tauira, ko Māui me te Rā, ko Te Ika a Māui rānei. Rangahautia te hononga o Māui me ōna tuākana, ka tūhura ai i te hononga i runga anō i te tirohanga a Māui.

Tautohu	Tautohua ko wai te/ngā tuakana/tuākana me te/ngā teina/tēina nā runga i a rātou mahi.
Whakaahua	Whakaahuatia ngā pānga o te hononga tuakana-teina ki ngā whakataunga.
Whakamārama	Whakamāramatia ngā pānga o te hononga tuakana-teina ki te āhua o te tuakana me te teina.
Whakaatu	Whakaatuhia tō mōhio ki te tautohu i ētahi āhuatanga kei te pūrākau e kitea ana i ētahi atu.
Tūhura	Tūhuratia ngā wāhanga i te pūrākau e tohu ana i ngā hononga tuakana-teina.

Kuputaka

hononga hua pai
hononga hua kino
whakatau puehu
karamata
whakatau
kāpeka
whiringa-rau
āhuatanga
hononga ā-whānau
hononga ā-rōpū
hononga mau roa
tuatangata

positive relationships
negative relationships
resolve
key point
decision
scene
multi-choice
characteristics
family relationship
social relationships
strong bond
role model

Tukutuku Ako mō Hauora, Taumata 6

Ngā Whakaaro Whānui	<p><i>Kia mauri tū, kia mauri ora te tangata. Ka mauri ora te whenua, ka mauri ora te iwi.</i></p>		
	<p>Ngā Akoranga Tāpua Taumata 6-8 o Te Marautanga o Aotearoa</p>		
	Taumata 6	Taumata 7	Taumata 8
He iho, he mana, he ihi, he wehi, he tapu tō te tangata	<p><i>Kia tau te mauri</i></p> <ul style="list-style-type: none"> Ko tā tēnei whakaaro whānui, he aro ki te mana, ki te rongomaiwhiti, ki te motuhaketanga o ia tangata. Ka kitea hoki te pānga o te ao katoa o te tangata ki tōna anō mauri. Nā reira, kia tau te mauri, koia te āhuatanga kei te kōpākihia e tēnei whakaaro whānui. 		
	<p>Ka mōhio te ākongā:</p> <ul style="list-style-type: none"> he tapu tō te tangata; ahakoa ko wai, nō hea, me tiaki a ia he mea nui te kiritau o te tangata me te pono ki a ia anō kia pēhea te whakapuaki i ōna hiahia, i ōna whakaaro, i ōna kare-ā-roto i runga i te ngākau titikaha he pānga nui tō te tuakiritanga ki te oranga o te tangata. 	<p>Ka mōhio te ākongā:</p> <ul style="list-style-type: none"> he pānga nui tō te whakatoiharatanga ki te oranga o te tangata he nui ngā momo tuakiri tangata ka kitea i te ao he mōtika, he haepapatanga o ngā tāngata katoa ahakoa ko wai, nō hea, e pai ai te noho ora ki te ao. 	<p>Ka mōhio te ākongā:</p> <ul style="list-style-type: none"> e whakanuia ai te kanorau, me tuwhera te ngākau me te hinengaro o te tangata he pānga anō tō te matatika pāpori ki te oranga o te iwi.
	<p><i>Kia oho te mauri</i></p> <ul style="list-style-type: none"> Ko tā tēnei whakaaro whānui, he aro ki te hiranga o te mauri i roto i te koiora me te oranga. Me manawa piharau te tangata i 		
Mauri tū, mauri ora;	<p><i>Kia oho te mauri</i></p> <ul style="list-style-type: none"> Ko tā tēnei whakaaro whānui, he aro ki te hiranga o te mauri i roto i te koiora me te oranga. Me manawa piharau te tangata i 		

mauri noho, mauri mate	te roanga o ōna rā e pūmau ai tōna āio, tōna mauri ora. Nā reira, <i>kia oho te mauri</i> , koia te āhukatanga kei te kōpakihia e tēnei whakāaro whānui.		
	Ka mōhio te ākonga: <ul style="list-style-type: none"> • he pānga nui tō te whai wāhi ki ngā mahi koiri me ngā akoranga koiri ki te oranga o te tangata • ka riro māna anō tōna hauora e tiaki, e whakataki, e whakahaumaru • e pai ai tana noho ora i ngā horopaki huhua, me whakamahi tikanga hei whakatau kaupapa, whakarite whāinga, kōkiri whakaaro, whiriwhiri ngātahi anō hoki. 	Ka mōhio te ākonga: <ul style="list-style-type: none"> • he nui ngā painga o te mahi koiri me te akoranga koiri ki te oranga o te tangata, te whānau, te hapū, te iwi me te hapori • ki te whakamahi rautaki hei hiki i te wairua, hei whakamāmā i te taumahatanga • ki te whai i ngā huarahi wairua pai hei whakatau i ngā mātātaki, i ngā tautohe. 	Ka mōhio te ākonga: <ul style="list-style-type: none"> • he pānga anō tō te kaupapa hauora Māori ki te oranga o te iwi Māori. • e aukatia ai te hōrapa haere o tētahi mate, me ū te iwi ki ngā tikanga whaikiko.
	<p style="text-align: center;"><i>Kia ora te mauri whenua</i></p> <ul style="list-style-type: none"> • Ko tā tēnei whakaaro whānui he titiro ki te hononga māori i waenganui i te tangata me te taiao, me ngā pānga, ngā whakaawenga hoki o tēnā, o tēnā ki te mauri me te oranga tonutanga o tērā atu. Oranga taiao, oranga tāngata. Nā reira, <i>kia ora te mauri whenua</i>, koia te āhukatanga kei te kōpakihia e tēnei whakaaro whānui. 		
Hāhā te whenua, hāhā te tangata	Ka mōhio te ākonga: <ul style="list-style-type: none"> • kei te oranga taiao te oranga mō te tangata. • ko te kaitiakitanga 	Ka mōhio te ākonga: <ul style="list-style-type: none"> • he tikanga tiaki taiao ā te iwi e ora ai te taiao, e ora anō ai te 	Ka mōhio te ākonga: <ul style="list-style-type: none"> • he kawa, he tikanga, he ture o nehe, o nāianeī hoki ka

	<p>e pā ana ki te taiao, e whai painga ana anō mō te tangata.</p>	<p>tangata</p> <ul style="list-style-type: none"> e toitū ai te taiao, me whai kiko ngā rautaki hāpai i te toitūtanga. 	<p>whāia hei oranga mō te iwi</p> <ul style="list-style-type: none"> he tapu, he mauri anō tō te taiao, ā, me āta tiaki kia pūmau tonu, kia ora tonu ēnei āhuetanga ōna.
<p>He taura taonga e motu, he taura tangata e kore e motu</p>	<p><i>Kia ora te mauri tangata</i></p> <ul style="list-style-type: none"> Ko tā tēnei whakaaro whānui he titiro ki te wairua, te āhua me te kounga o ō tātou hononga whaiaro me ngā pānga nui o ēnei hononga ki tō tātou mauri. Mā te whakatupu me te whakapūmau i ngā hononga hua pai, hononga hua roa, ka tupu, ka kaha anō te tuakiri o te tangata i tana tū takitahi, i tana tū tangata whenua anō. Nā reira, <i>kia ora te mauri tangata</i>, koia te āhuetanga kei te kōpakihia e tēnei whakaaro whānui. 		
	<p>Ka mōhio te ākonga:</p> <ul style="list-style-type: none"> ki te whakamahi rautaki kia pai ai tana mahi ngātahi me ētahi atu he tohu o te whakawhanaunga tanga te noho tahi a ngā tēina me ngā tuākana i runga i te aroha pūmau. 	<p>Ka mōhio te ākonga:</p> <ul style="list-style-type: none"> ki te kuhu ki ngā kaupapa kotahitanga huhua noa i runga i te tōtika ki te whakamahi i ōna pūmanawa whakatau raruraru, whakapiki wairua hoki. 	<p>Ka mōhio te ākonga:</p> <ul style="list-style-type: none"> he pānga anō ō ngā tikanga houhou i te rongu, ki te oranga o te iwi ki te arohaehae i te pānga o ngā uara, ngā waiaro me ngā whanonga ki te whakatau raruraru, ki te whakapiki raruraru anō hoki.

Te Tukutuku Aromatawai mō Hauora, Taumata 6

Taumata 6	Paerewa 1.1	Paerewa 1.2	Paerewa 1.3	Paerewa 1.4
Paerewa	Te whakaatu māramatanga mō te tuakiritanga	Te tautohu whāinga whaiaro hei hāpai i te mauri ora	Te whakaatu māramatanga mō te kaitiakitanga	Te whakaatu māramatanga mō te whanaungatanga
Momo Aromatawai	Ā-roto	Ā-roto	Ā-waho	Ā-waho
Whiwhinga	6	6	4	4